

BIOGRAPHICAL SKETCH

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NAME: Lévesque, Lucie

eRA COMMONS USER NAME (credential, e.g., agency login): LUCIE.LEVESQUE

POSITION TITLE: Professor, School of Kinesiology and Health Studies

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.*)

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
McGill University, Montréal, Canada	B.A.	05/1987	Psychology
Université Laval, Québec, Canada	M.Sc.	05/1992	Physical Activity Psychology
Université Laval, Québec, Canada	Ph.D.	05/1997	Physical Activity Psychology
Université de Montréal, Montréal, Canada	Postdoctoral	06/2002	Health Promotion

A. Personal Statement

I am a Professor (and currently Associate Director and Graduate Coordinator) in the School of Kinesiology & Health Studies at Queen's University in Kingston, where I have worked since 2002. During my career at Queen's, my teaching responsibilities include undergraduate and graduate level courses. Of special note are the 6 new courses at the Undergraduate level that I developed focusing on Physical Activity and Health Behaviour Counselling, Community-Based Physical Activity Promotion and Exercise and Physical Activity Psychology; and the two graduate level courses that I developed: *Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs* and *Health Promotion Research Seminars*. My teaching and supervisory expertise complements the main focus of my research: evaluating community-based, physical activity intervention programs from an ecological and holistic perspective. My research examines both health promotion and diabetes prevention strategies in Mexican populations and in Canadian Indigenous communities. I have worked extensively with Drs Jàuregui and López y Taylor and other Mexican colleagues since 2006, first as a co-investigator on the CAMBIO Project (Canada and Mexico Battling Childhood Obesity); as principal investigator on two Canadian Institutes of Health Research (CIHR) projects, and as co-investigator on a project funded by the Mexican National Council of Science and Technology (CONACYT). Through my involvement with the CAMBIO project, I delivered workshops at two obesity short courses for researchers and supervised two Mexican graduate students: Karla Galaviz at the MSc & PhD level and Margarita Safdie at the PhD level. Most recently, I co-supervised -- with Drs Jàuregui and López y Taylor - two Canadian student projects in Guadalajara: 1) barriers and facilitators to applying clinical practice guidelines in GAMs (Carla Teixeira, MITACS - 2016) and 2) physical activity and usage patterns in community spaces in Guadalajara (Alexandra Reid, MITACS - 2017). I am regularly invited to speak to academic and research audiences in Mexico:

2016 March: *Actividad física y salud, tendencias y recomendaciones de los organismos internacionales (alfabetización física)*, 1er Jornada Internacional de Actualización Educación, Actividad Física, Deporte y Recreación en el Medio Natural, Universidad de Guadalajara, Centro Universitario de la Costa, Puerto Vallarta, MX

2015 May: *Alfabetización física en las escuelas*. Congreso Nacional Asociación Mexicana de Instituciones Superiores de Cultura Física (AMISCF) 2015, Puerto Vallarta, MX

- 2015 March (Symposium with R.E. Lee and P. Estabrooks): *The Science of Implementation: Improving Public Health through Physical Activity & Nutrition Policies and Practices* – 16 Congreso de investigación en salud pública, Instituto Nacional de Salud Pública, Cuernavaca, MX.
- 2015 February (Panel Presentation with P. Estabrooks, E. Jáuregui and R.E. Lee): *Physical Activity Intervention Research and Cultural relevance in Physical Activity Research*. XVII Congreso Internacional Avances en Medicina, Hospital Civil de Guadalajara 2015, Guadalajara, MX.
- 2015 February (with R.E. Lee and J. López y Taylor): *Strategies, Techniques and Best Practices for Building a Multinational Collaboration to Promote Physical Activity*. Active Living Research Conference, San Diego, CA.
- 2014 December: *Ecological Action: Putting Principles into Multi-Level Action in Mexico*, International School Health Network, Webinar, International access.
- 2014 February: *Obesity Prevention in elementary schools: implementation and evaluation of the national guidelines for healthy eating and physical activity in Mexican schools*. (Prevención de la obesidad basada en las escuelas: implementación y evaluación de las guías nacionales para una nutrición saludable en las escuelas mexicanas). XVI Congreso Internacional Avances en Medicina, Hospital Civil de Guadalajara 2014, Guadalajara, MX.
- 2013 June: *Ideas and opportunities to address childhood obesity and inactivity in Canada: Investments to follow?* Third Pan American Conference on Obesity, Oranjestad, Aruba.
- 2011 March: *Physical activity: the missing link in population surveys: International experiences in the use of accelerometers and diet questionnaires for physical activity measurement in national surveys*. 14th Congress on Public Health Research, Cuernavaca, Morelos, MX.
- 2010 May: *Canada-Mexico Obesity Prevention Research Capacity: CAMBIO Project*. GUIA annual meeting, Toronto, ON.
- 2010 March: *Physical Activity Interventions and their Promotion*. XIII Agita Mundo International Physical Activity and Public Health, Monterrey, MX.
- 2010 February: *Motivational Interviewing to promote physical activity and Social ecological approach and physical activity promotion in the community*. Congreso Hospitales Civiles, Guadalajara, MX.
- 2009 January: *Ethics: Issues and procedures for researchers studying childhood obesity*. CAMBIO Second annual short course on obesity prevention, Cuernavaca, MX.
- 2008 February: *Designing and Evaluating Community-Based Interventions (Workshop) & Community-Based Interventions for the Promotion of Physical Activity* CAMBIO First annual short course on obesity prevention, Guadalajara, MX.

Courses Taught (Selected – since 2005)

Graduate

- Fall 2018 Health Promotion Research Seminar (11 students)
- Fall 2017 Health Promotion Research Seminar (6 students)
- Fall/Win 2015 NEW COURSE: Health Promotion Research Seminar (8 students)
- Fall/Win 2014 Community-Based Programming (6 students)
- Fall/Win 2013 Community-Based Programming (13 students)
- Fall/Win 2012 Community-Based Programming (8 students)
- Fall/Win 2011 Community-Based Programming (7 students)
- Fall/Win 2010 Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs (7 students)
- Fall 2009 Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs (8 students)
- Fall 2008 Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs (9 students)

- Winter 2007 Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs (8 students)
- Winter 2006 NEW COURSE Physical Activity and Community: Planning, Implementation and Evaluation of Community-Based Activity Programs (7 students)

Undergraduate

- Fall/Win 2018 Program Design and Evaluation (66 students)
- Fall/Win 2017 Program Design and Evaluation (56 students)
- Winter 2017 Motivational Interviewing for Physical Activity Behaviour Change (76 students)
- Fall/Win 2016 NEW COURSE: Program Design and Evaluation (69 students)
- Fall/Win 2016 Community-Based Physical Activity Promotion (16 students)
- Winter 2016 Motivational Interviewing for Physical Activity Behaviour Change (90 students)
- Fall/Win 2015 Community-Based Physical Activity Promotion (21 students)
- Winter 2014 Community-Based Physical Activity Promotion (24 students)
- Winter 2013 Community-Based Physical Activity Promotion (27 students)
- Winter 2012 Community-Based Physical Activity Promotion (21 students)
- Winter 2012 Physical Activity and Health Behaviour Counselling (73 students)
- Winter 2011 Physical Activity and Health Behaviour Counselling (79 students)
- Winter 2010 Physical Activity and Health Behaviour Counselling (90 students)
- Fall/Win 2010 Community-Based Physical Activity Promotion (20 students)
- Winter 2009 Physical Activity and Health Behaviour Counselling (71 students)
- Fall/Win 2009 Community-Based Physical Activity Promotion (21 students)
- Winter 2007 NEW COURSE Physical Activity and Health Behaviour Counselling (51 students)
- Fall 2006 NEW COURSE Health Behaviour Change (100 students)
- Winter 2006 Introduction to Sport and Exercise Psychology (96 students)
- Fall 2005 Exercise and Physical Activity Psychology (75 students)
- Winter 2005 Introduction to Sport and Exercise Psychology (95 students)
- Fall 2004 NEW COURSE Community-Based Physical Activity Promotion (21 students)
- Winter 2002 NEW COURSE Introduction to Sport and Exercise Psychology (100 students)
- Fall 2002 NEW COURSE Exercise and Physical Activity Psychology (80 students)

Honors (Selected – Since 2010)

- 2010 Heart and Soul Award for Community Health Promotion, Heart and Stroke Foundation of Ontario
- 2010 Rick Gallop Award for Pioneering Leadership, Heart and Stroke Foundation of Ontario
- 2010 Canadian Health Research Awards: Partnership award for the Kahnawake Schools Diabetes Prevention Project; Canadian Institutes of Health Research (Awarded to team)
- 2013 Society of Graduate and Professional Students Graduate Support Award.
- 2014 Heart and Stroke Foundation Award for Volunteer Excellence.
- 2014 North American Society for Sport History award: Best Anthology for Aboriginal Peoples and Sport in Canada: Historical Foundations and Contemporary Issues (Awarded to team)

SUPERVISION OF GRADUATE STUDENTS (SELECTED - SINCE 2008)

Years	Student	Degree & Program	Thesis title
17-	Brittany McBeath	M.Sc., Health Promotion (SKHS), Queen's	Sustaining Knowledge Translation within Indigenous Communities
17-	Danielle Walwyn	M.Sc., Health Promotion (SKHS), Queen's	Exploring Physical Activity Opportunities for Adolescents in Secondary Schools in Antigua

17-	Andrea Ianni	M.Sc., Health Promotion (SKHS), Queen's	Implementation and Effectiveness Evaluation of an E-Health Initiative
16-17	Alexandra Reid	M.Sc., Health Promotion (SKHS), Queen's	Youth Usage of COMUDE Sports Units in Guadalajara, Mexico
16-	Sarah Dobrowolski	Ph.D., Health Promotion (SKHS), Queen's	Evaluating the implementation and health impact of a community sport program for children through a community engaged participatory research approach
15-17	Carla Teixeira	M.Sc., Health Promotion (SKHS), Queen's	Grupo de Ayuda Mutua: An examination of peer support groups in Mexico for the management of type 2 diabetes
15-	Colin Baillie	Ph.D., Health Promotion (SKHS), Queen's	Using Two-Eyed Seeing to Examine the Physical Activity - Environment Relationship
14 -	Anoushka Moucessian	Ph.D., Health Promotion (SKHS), Queen's	Cultural Safety Education for Counselling Psychologists in Canada
14-17	Darran Atrooshi	M.Sc., Health Promotion (SKHS), Queen's	Active Transport to School – An Ecological Perspective
13-16	Hoda Gharib	M.Sc., Health Promotion (SKHS), Queen's	Message saliency in a worksite physical activity promotion campaign
13 -16	Hilary McKenna	M.Sc., Health Promotion (SKHS), Queen's	Implementing the Physical Literacy Component of the 2015 Ontario Health and Physical Education Curriculum: Is the Stage Set?
13-	Ashley Johnson	Ph.D., Health Promotion (SKHS), Queen's	Social network analysis of community partnerships for health promotion
12-16	Elham Majorad	M.Sc., Health Promotion (SKHS), Queen's	Physical activity among immigrants to Canada: an exploration of correlates, barriers and facilitators
12-15	Kori Cembal	M.Sc., Health Promotion (SKHS), Queen's	Capturing the youth perspective: using photographs to explore member experiences at the Boys and Girls Clubs of Canada 12-15
12-14	Danae Kapsokfalou	M.Sc., Health Promotion (SKHS), Queen's	Getting the Message Home and the Children Outdoors: Parents' Perceptions of Barriers and Facilitators to Participation in a Summer Outdoor Activity Program
12-14	Colin Baillie	M.Sc., Health Promotion (SKHS), Queen's	By the Community, For the Community: Developing a Physical Activity Environment Assessment Tool for Aboriginal Communities
10-14	Karla Galaviz	Ph.D, Health Promotion (SKHS), Queen's	Physical activity promotion in Mexican healthcare settings: From knowledge to action
08-13	Margarita Safdie	Ph.D. Health Promotion (SKHS), Queen's	Childhood Obesity Prevention, Intervention and Policy in the Mexican School System

10-13	Kathryn Olsheski	M.Sc., Health Promotion (SKHS), Queen's	Do dose, fidelity, and quality of implementation predict participant outcomes? A process evaluation of the PROACTIVE trial
09-11	Kerry Hamilton	M.Sc., Health Promotion (SKHS), Queen's	Park Usage and Physical Activity: An Exploration of park features, neighbourhood, and park program
09-11	Amanda Northcott	M.Sc., Health Promotion (SKHS), Queen's	If She Can Do It, I Can Do It: An exploratory analysis of peer mentoring as an intervention strategy to increase exercise program adherence in sedentary adults with chronic health conditions
08-10	Karla Galavíz	M.Sc., Health Promotion (SKHS), Queen's	Parents, Practitioners and Public Health for a Healthy Family Environment: a pilot evaluation to promote healthy weight in children

Complete List of Published Work in MyBibliography:

<https://www.ncbi.nlm.nih.gov/sites/myncbi/1Vo6qFuo0koknM/bibliography/56187750/public/?sort=date&direction=ascending>

D. Research Support – Selected Mexican-Based Research (Selected – since 2011)

CIHR Planning & Dissemination \$20,000 CAD 2017-2018
 Community Physical Activity Resources for All: the COMUDE Model for Enhancing Physical Activity among Mexican Youth
 Role: Principal Applicant

MITACS Globalink Student Research Award \$5,000 CAD 2017
 Youth Usage of COMUDE Sports Units in Guadalajara, Mexico
 ROLE: Supervisor (Student – A Reid)

MITACS Globalink Student Research Award \$5,000 CAD 2016-2017
 Facilitators and Barriers to Knowledge Translation for Diabetes
 ROLE: Supervisor (Student – C Teixeira)

CIHR \$199,451 CAD 2013-2016
 Dissemination of 'Pausa Activa', a strategy to enhance physical activity promotion in health care settings in Mexico: Investigating program implementation and impact
 Role: Principal Investigator

SSA/IMSS/ISSTE-CONACYT \$115,000 CAD 2013-2014
 Third stage of evaluation of the guidelines on consumption of food and beverages in schools and the obesogenic environment.
 Role: Co-Investigator (Principal Investigator – L Hernández Barrera)

NIH 1R13CA162816 \$100,000 USD 2011-2013
 Multinational Collaboration to Increase Physical Activity in Hispanics
 Role: Co-Principal Investigator (Principal Investigator – RE Lee)

CIHR \$200,000 2011-2014
 National Guidelines for the Prevention of Obesity in the Mexican School System
 Role Nominated Principal Investigator (Co-Principal Investigator – S Barquera)